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ABSTRACT

The Indians into Medicine (INMED) program helps Indian students to attend college and earn degrees in health care fields. Developed by INMED, this coloring book for children conveys through pictures and picture captions the message that American Indians can become health professionals, and that health professionals are needed by the Indian people. Pictures portray medicine men and women; their relationship with plants and animals; their training; traditional healing and ceremonial practices; life before the White man; the White man's arrival accompanied by unknown sicknesses; the need for young people to enter health careers; and the work of nurses, doctors, and medical technologists. (SV)

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# GOOD MEDICINE FOR OUR PEOPLE

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## A COLORING BOOK About Indians and Health Careers



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# GOOD MEDICINE FOR OUR PEOPLE

A COLORING BOOK
About Indians and Health Careers

Written and Illustrated by
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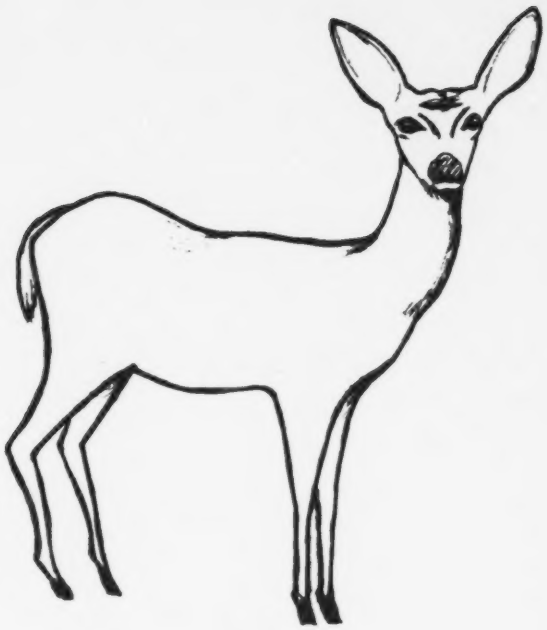
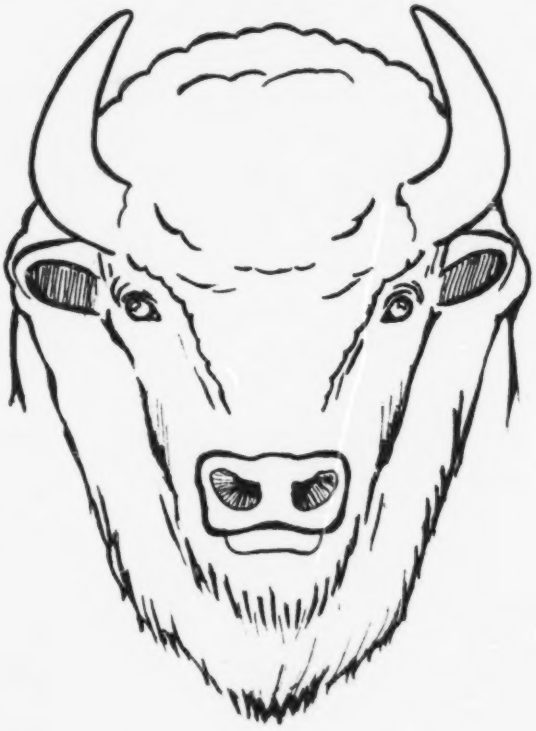
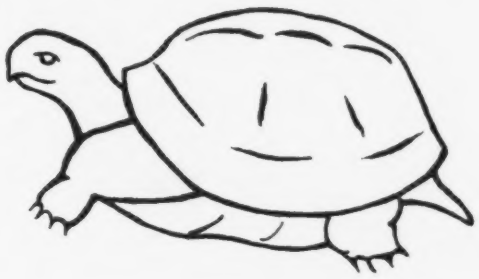
Health Resources and Services Administration

Medicine Man

Medicine Woman

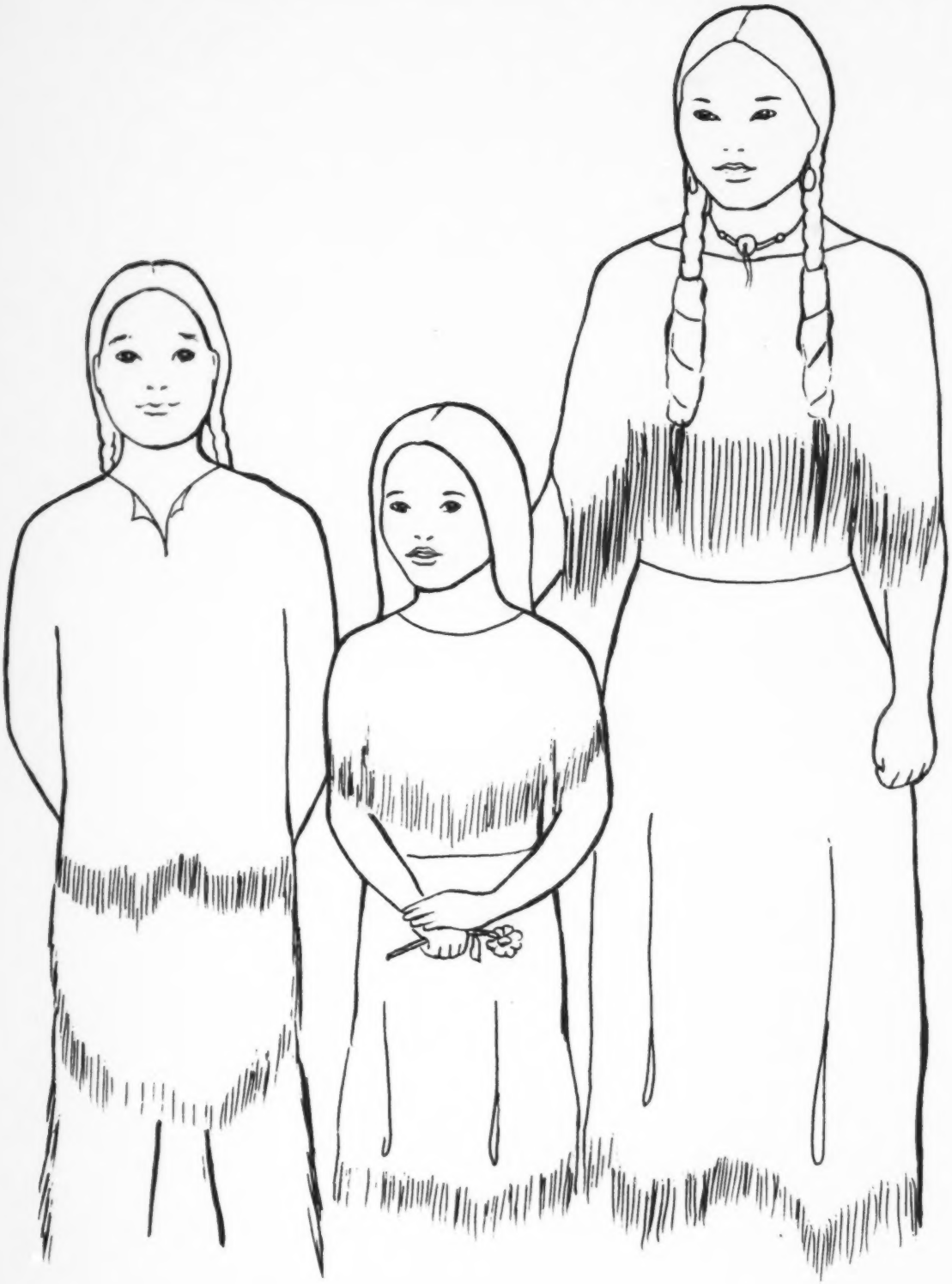






With the help of the four-leggeds

The winged, and nature's others



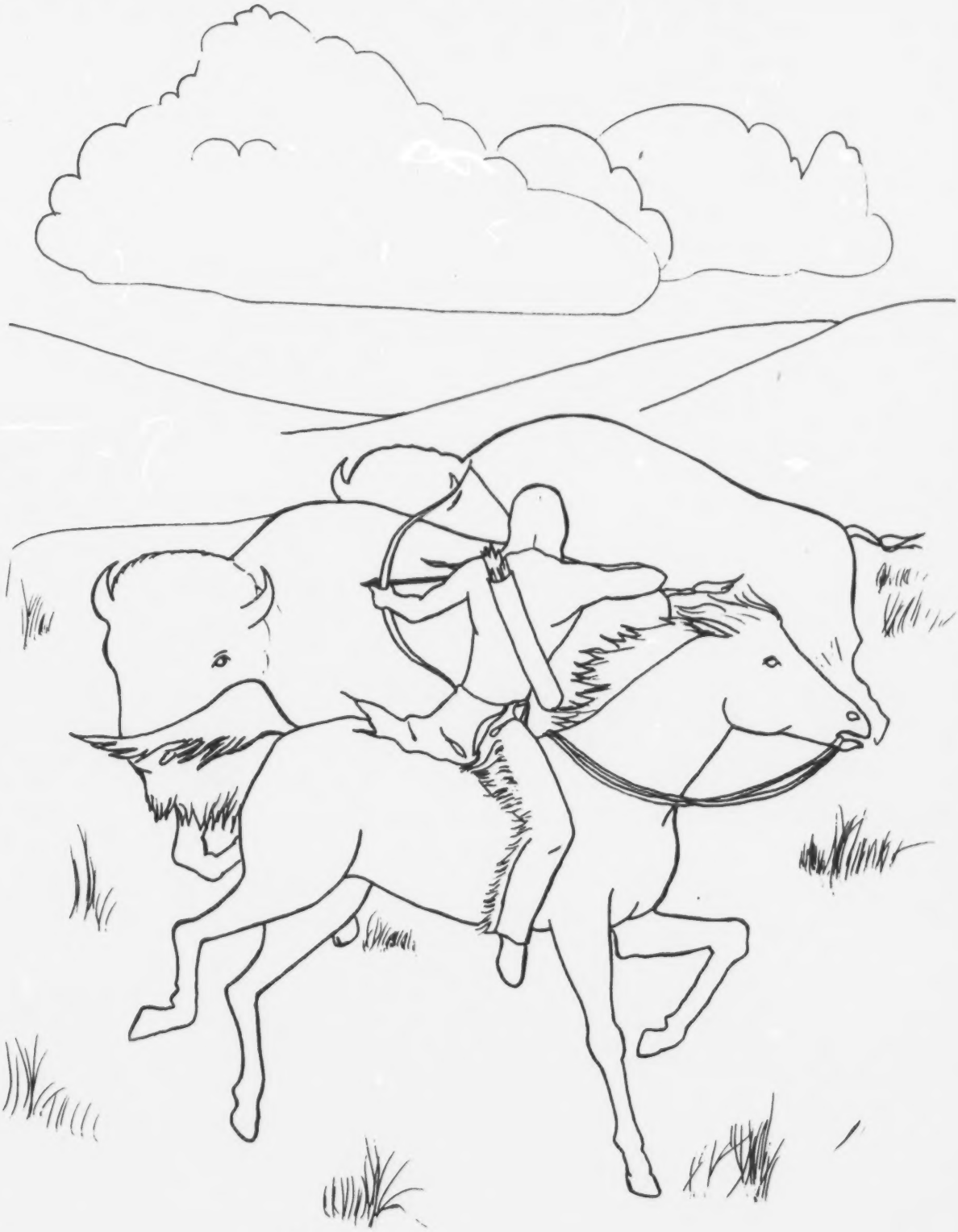
The medicine men and women took good care of their people.

They began their training early in life.

They learned to use plants and animals to make medicines.

Ceremonial songs

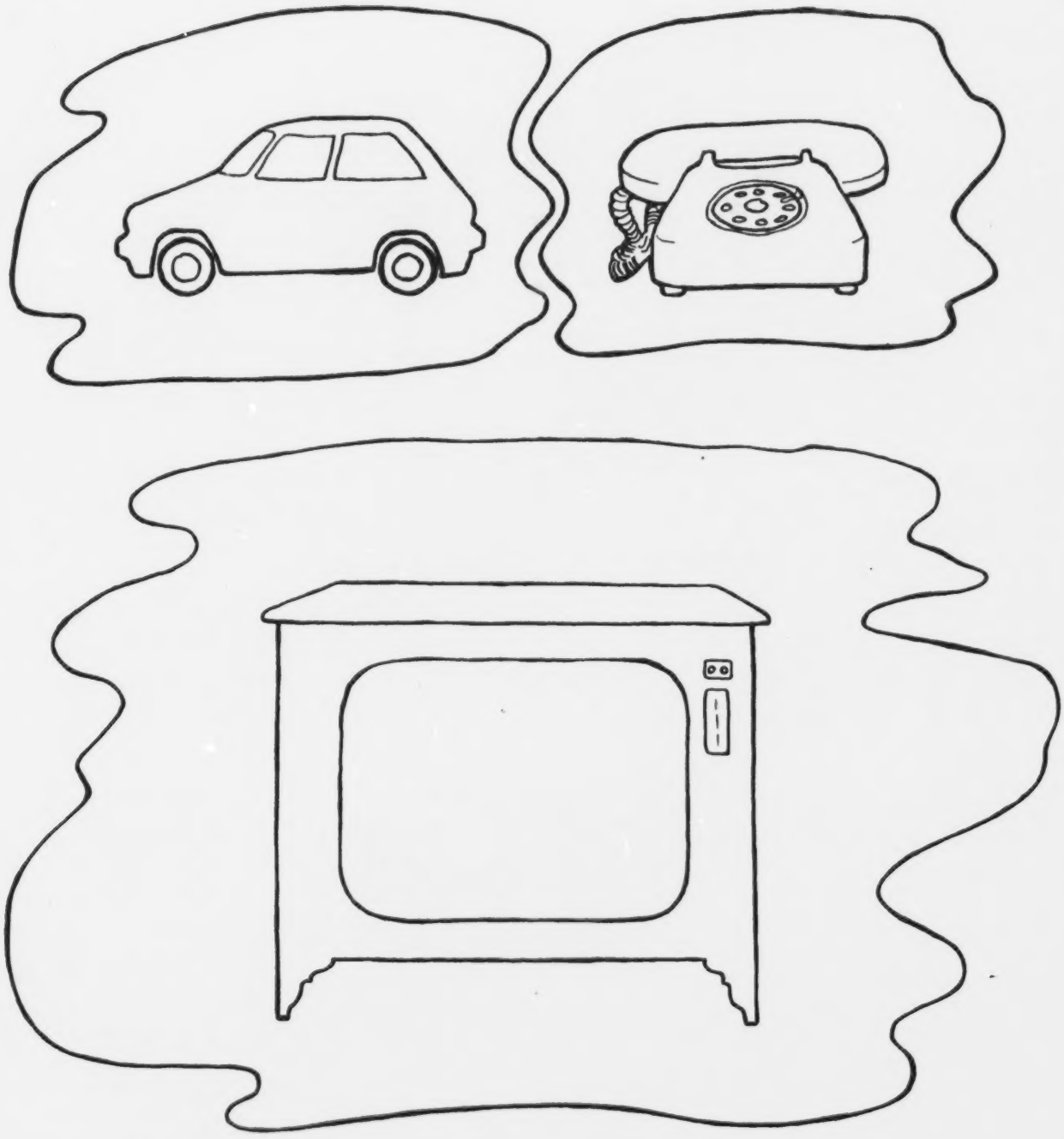
The healing of the sweat lodge



Food and clothing were plentiful.

Indian people lived healthy lives in harmony with nature.

The white man came to North America.

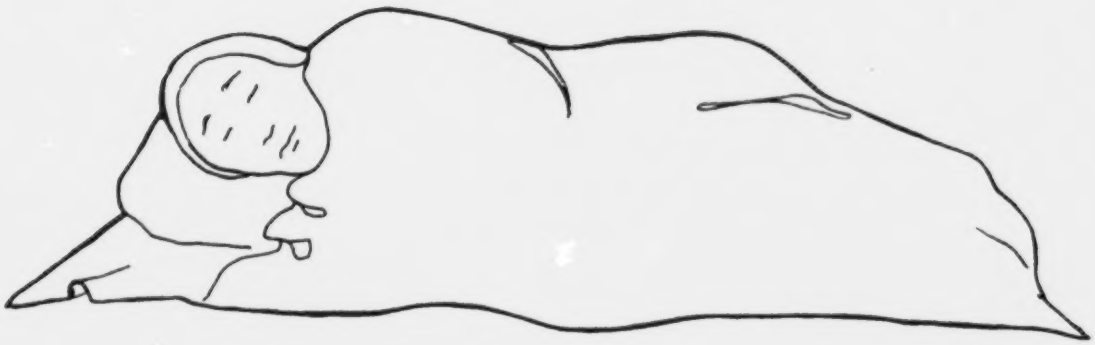


The future brought many amazing things.

SMALLPOX

BUBONIC PLAGUE

DIPTHERIA

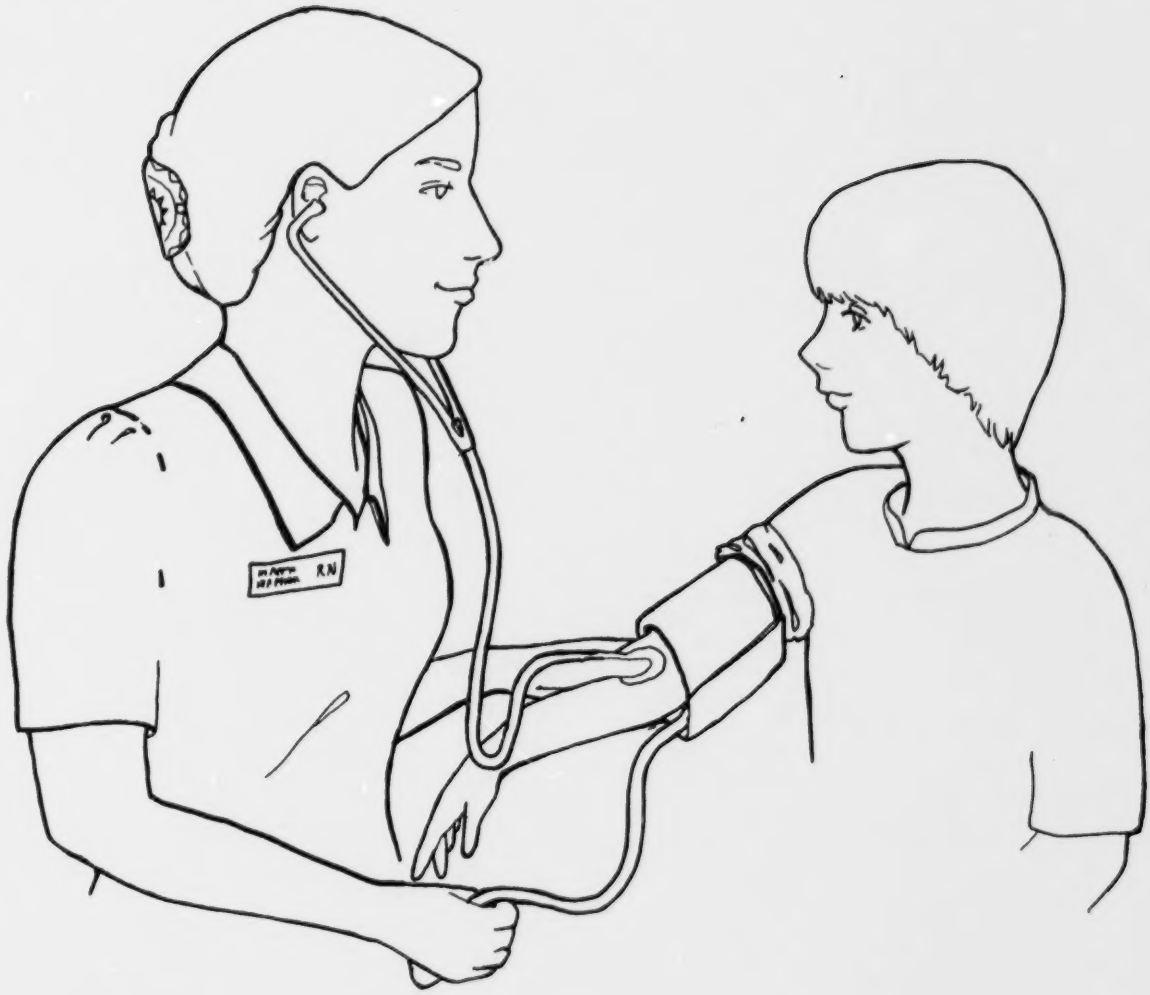


The white man brought unknown sickness.

Today Indian people have only a few medicine men, but many new diseases.

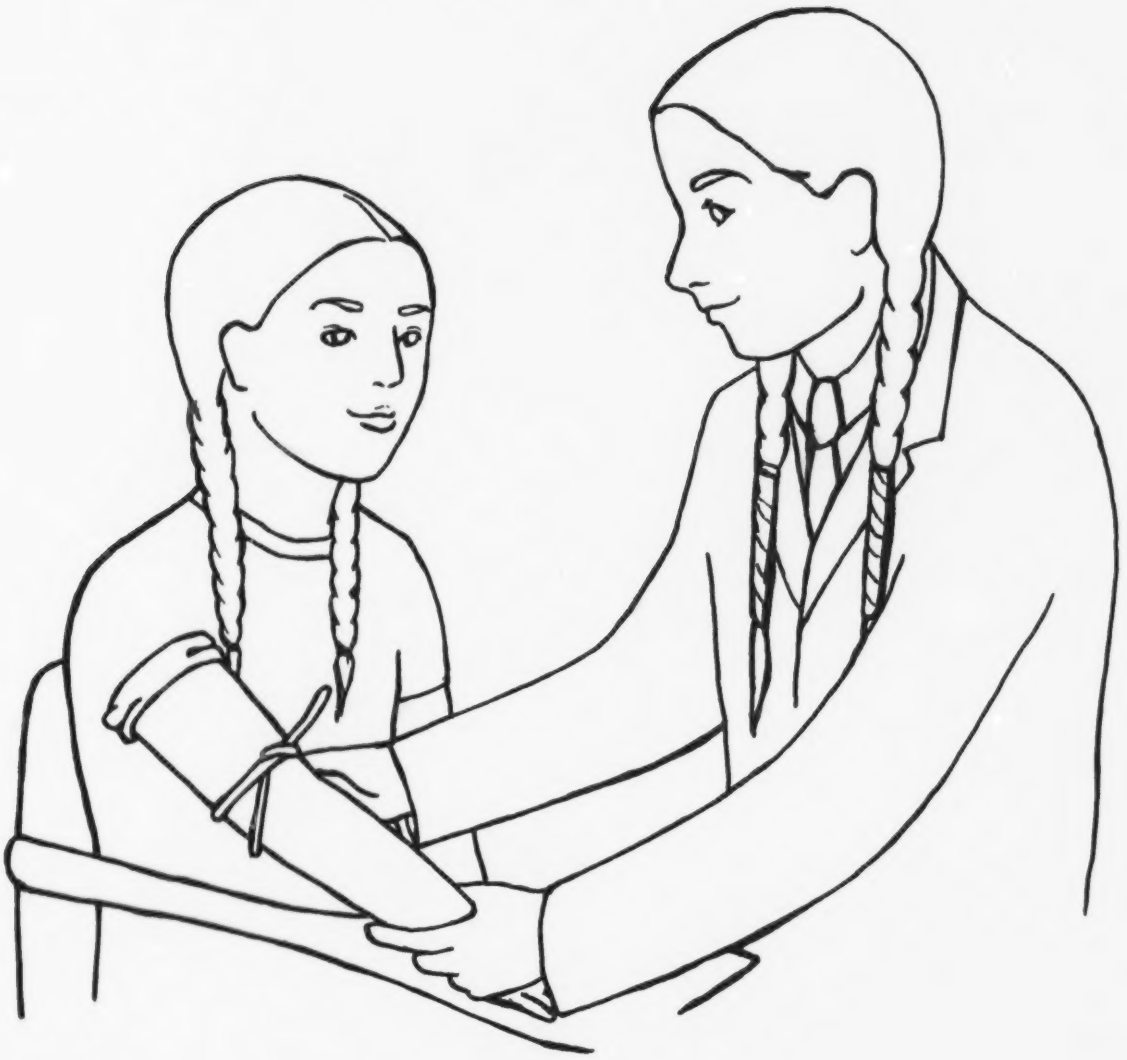
We need young people like you to train in today's medicine to maintain good health for our people.

There are many health careers to choose from.

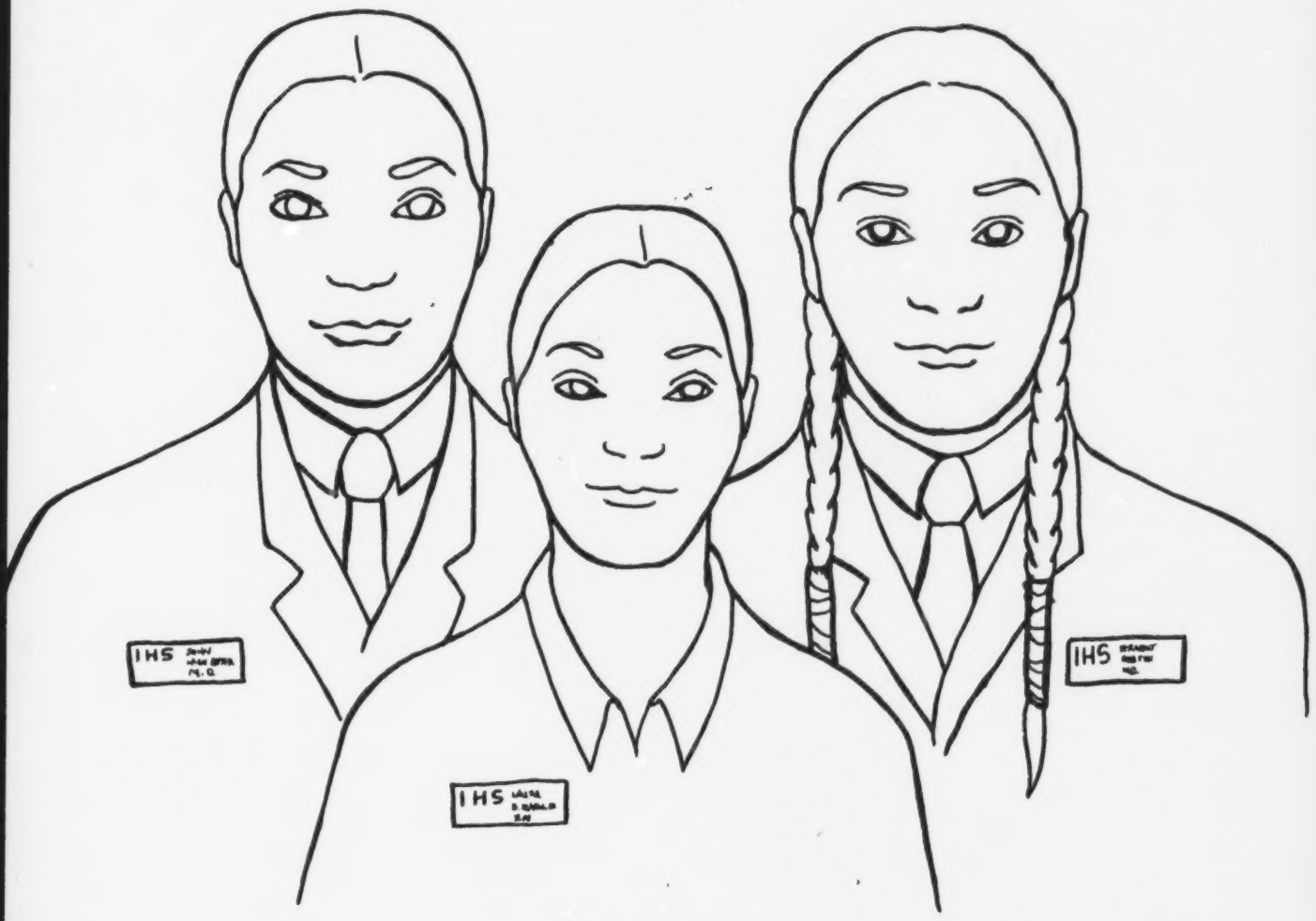



An R.N. is a registered nurse. An R.N. checks your blood pressure and monitors other vital body signs.

An M.D. is a doctor. A doctor examines you to keep you healthy, or to see what may be making you ill.

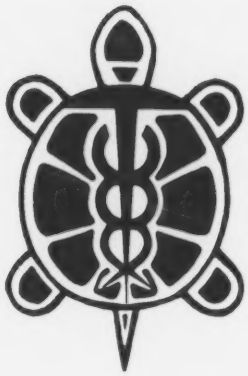


A medical technologist examines blood samples and other specimens. Technology is an important part of modern medicine.




These people (M.D., R.N., Med. Tech.) and many other health professionals work together to keep you healthy.

You can become a health professional and help keep Indian people healthy.



The INMED program assists many Indian students attending college and earning degrees in the health care field. INMED means Indians Into Medicine. The turtle is the program's symbol because it represents good health or long life among many tribes.

For more information, contact:

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